

CPS Wellness Committee 2025-2026

Meeting Date: October 14, 2025

Members Present: Seth Danner, Sharon Jones, Crispin Fresco-Hawes, Tom O'Connor, Leila Paul, Meghan Burnett, Megan Linevitch, Dr. Bitgood

WellSat Triennial Assessment

- Results reviewed by committee, Seth to bring results to admin meeting

Plan for this school year

- Wellness committee will work with safe school climate committee for wellness initiatives, we should have the results of the safe school survey by our next meeting in December
- Different ideas were discussed regarding a staff wellness afternoon during one of our PD days, possibly in March, suggestion of looking into community members who can provide services during this time
- Various ideas discussed for future wellness activities for students, for a wellness day or week
- Discussion regarding the quality of food served in the cafeteria, perhaps sending a survey home, Tom shared that we participate in a Farm to Table grant, for example we get apples from a local orchard and beef locally

Next meeting Tuesday, December 9, 2025