

Resources for Grief and Loss

Connecticut Support Groups/Resources

Day Kimball Healthcare/Hospice & Palliative Care of Northeastern CT

[Support Groups Website](#)

32 South Main St, Putnam, CT 06260

Tel: 860-928-0422, ext 213

- A Bereavement Support Group for Adults runs on select Wednesdays from 5-6:15pm @ DKH; call for details and registration
- A Bereavement Support Group for Children and Teens: The "Good Grief Group" for children and teens, age 5-16, who have suffered a loss through death; call for details and registration

Brian's Healing Hearts/Center for Hope and Loss

[Website](#)

Address: 461 Main St, Niantic, CT, 06357

Email: info@brianshealinghearts.org

Tel: 860-451-8354

[Coping with Loss](#)

[Grief Support Groups](#)

Mary's Place: A Center for Grieving Children and Families

[Website](#)

Address: 6 Poquonock Ave, Windsor, CT 06095

Tel: 860-688-9621

[Grief Library](#)

[How to Talk to Children About Death](#)

[Basic Needs of Grieving Children](#)

[Kids and Funerals](#)

[Working with Teachers and Schools](#)

Connecticut Network of Care

[Prolonged Grief](#)

[Helping Teens with Grief](#)

[Dealing with Guilt After a Loss](#)

[Dealing with Anxiety after a Loss](#)

[Complications of Grief](#)

The Compassionate Friends of Northeast Connecticut

Helping Those Who Have Lost a Child; Parents, Grandparents, & Siblings

Address: 3 Elm St, Vernon, CT 06066-3207

Email: tcfnortheastct@gmail.com

Tel: 860-375-0661

[Private Facebook Groups for the Bereaved](#)

[To the Newly Bereaved](#)