

**Physical Education Middle School
Canterbury Public Schools**

Subject	Physical Education
Grade Level	Middle School Grades 5 -8
Unit Title	Basketball
Unit Goals	<p>Grade 5 and 6 - Basketball</p> <ul style="list-style-type: none"> ● Understand the basic skills of: <ul style="list-style-type: none"> ○ Dribbling ○ Passing / Receiving <ul style="list-style-type: none"> ■ Chest pass ■ Bounce Pass ○ Shooting <ul style="list-style-type: none"> ■ Jump shots ■ Lay-ups ■ Free-throws ○ Rules ○ Scoring on a scoreboard ○ Sharing the ball ○ Defense ○ Offense ○ Communication and supportive of teammates <p>Grade 7 and 8 - Disc Golf</p> <ul style="list-style-type: none"> ● Review of all skills in grades 5 and 6 ● Understand the basic skills of: <ul style="list-style-type: none"> ○ 3 point vs. 2 point shots ○ Overhead Pass ○ Team plays ○ More Game Time ○ Sport Education Model <ul style="list-style-type: none"> ■ Coaches ■ Captains ■ Players ■ Scorekeepers ■ Equipment Crew ■ Spirit Crew ● Creating new strategies ● Engagement of all students ● Alterations of games for students with disabilities
Pacing (# of weeks)	3 Week - all grades
Standards	<div style="border: 1px solid black; background-color: #cccccc; padding: 5px; width: fit-content; margin: 0 auto;"> CT Physical Education Standards </div>

	<table border="1"> <tr> <td data-bbox="451 203 573 302">9</td> <td data-bbox="581 203 1505 302">Students will demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.</td> </tr> <tr> <td data-bbox="451 312 573 432">10</td> <td data-bbox="581 312 1505 432">Students will demonstrate an understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activities.</td> </tr> <tr> <td data-bbox="451 443 573 499">11</td> <td data-bbox="581 443 1505 499">Students will participate regularly in physical activity.</td> </tr> <tr> <td data-bbox="451 510 573 588">12</td> <td data-bbox="581 510 1505 588">Students will incorporate fitness and wellness concepts to achieve and maintain a health-enhancing level of physical fitness.</td> </tr> <tr> <td data-bbox="451 598 573 676">13</td> <td data-bbox="581 598 1505 676">Students will exhibit responsible personal and social behavior that respects self and others in physical activity settings.</td> </tr> <tr> <td data-bbox="451 686 573 806">14</td> <td data-bbox="581 686 1505 806">Students will choose physical activity for health, enjoyment, challenge, self-expression and/or social interaction to sustain a physically active lifestyle.</td> </tr> </table>	9	Students will demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.	10	Students will demonstrate an understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activities.	11	Students will participate regularly in physical activity.	12	Students will incorporate fitness and wellness concepts to achieve and maintain a health-enhancing level of physical fitness.	13	Students will exhibit responsible personal and social behavior that respects self and others in physical activity settings.	14	Students will choose physical activity for health, enjoyment, challenge, self-expression and/or social interaction to sustain a physically active lifestyle.
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Content/Conceptual Knowledge (know)	<p>Participating in physical activities has healthful benefits and enables people to remain alert, engaged, (healthy mind and body)</p> <ul style="list-style-type: none"> ● Safety Cues ● Skills ● Communication ● Rules ● Scoring ● Defense & Offense ● Cooperation as a team ● Play development ● Organization of players and positions ● Achievable and non-achievable passes / shots ● Strategy for success ● The “how to” knowledge of how to play it outside of Physical Education class 												
Skills (be able to do)	<ul style="list-style-type: none"> ● Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities ● Demonstrate an understanding of concepts as they apply to the learning and performance of physical activities ● Basketball related skills of <ul style="list-style-type: none"> ○ Passing and Receiving ○ Shooting <ul style="list-style-type: none"> ■ Lay-ups ■ Jump Shots ■ Free-throws ■ Three Point vs. 2 point shots 												
Enduring	Students will be able to understand...												

Understandings	<ul style="list-style-type: none"> ● competency in motor skills and movement patterns needed to perform a variety of basketball skills. ● movement concepts, principles, strategies and tactics as they apply to basketball skills. ● that basketball skills are only one way to participate regularly in physical activity. ● how active participation in volleyball can incorporate fitness and wellness concepts to achieve and maintain a health-enhancing level of physical fitness. ● how exhibiting responsible personal and social behavior while practicing basketball skills will respect self and others. ● how choosing physical activity through volleyball for health, enjoyment, challenge, self-expression and/or social interaction will allow for one to sustain a physically active lifestyle.
Assessments	<ul style="list-style-type: none"> ● Skill checks ● Stations checks ● Knowledge checks ● Peer assessments <p>** Students will be assessed daily on their understanding and proficiency level of warm up and activity periods. This assessment will be based off a written rubric.</p>
Resources	<ul style="list-style-type: none"> ● Various Levels of Technology <ul style="list-style-type: none"> ○ Videotape ○ Coaches Eye (a program on the Ipad that helps students visually see their learning) ● P.E. Central Lesson Ideas
Strategies	<p><u>Coaches Eye</u> for the purpose of...</p> <ul style="list-style-type: none"> ● student reflection / assessment ● teacher assessment ● peer assessment ● feedback opportunities <p>Other Teaching Strategies...</p> <ul style="list-style-type: none"> ● individual work ● divergent problem-solving ● direct teaching ● Sport Education Model ● Peer Teaching Model ● Tactical Games Model ● Guided Discovery Model
Behaviors	<p>Students will learn to...</p> <ul style="list-style-type: none"> ● Persevere ● Play fair ● Take turns ● Peer assess