FEBRUARY 2024 CANTERBURY PUBLIC SCHOOLS

LUNCH

ADDITIONAL CHOICES AVAILABLE DAILY.CHOICES ARE PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FAT FREE FLAVORED. MILK IS OFFERED AT EVERY MEAL.

February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST IS FREE FOR EVERYONE!!! LUNCHES: CHILD- $3.75 ADULT- $4.00	1 MOZZERELLA STICKS CARROTS BREADS APPLESAUCE MILK	2 PIZZA TOSSED SALAD STRAWBERRIES MILK Cookie day
5 CHICKEN Parmesan FRENCH FRIES CORN APPLESAUCE MILK	6 BEEF NACHOS BEANS & CORN PEARS MILK	7 CHEESEBURGERS FRENCH FRIES BROCCOLI ORANGES MILK	8 PANCAKES SAUSAGE HASHBROWNS CARROTS PEACHES & MILK	9 PIZZA TOSSED SALAD STRAWBERRIES MILK
12 CHICKEN NUGGETS FRENCH FRIES CORN APPLE MILK	13 QUESADILLA RICE & BEANS CORN PEACHES MILK	14 PASTA W/ MEATSAUCE GARLIC KNOT GREENBEANS MIXED FRUIT MILK	15 PIZZA TOSSED SALAD STRAWBERRIES MILK	16 **NO SCHOOL**
19 **PRESIDENT'S DAY**	20 **NO SCHOOL**	21 CHEESEBURGERS FRENCH FRIES BROCCOLI ORANGES MILK	22 FRENCH TOAST STICKS SAUSAGE HASHBROWNS CARROTS PEACHES & MILK	23 PIZZA TOSSED SALAD STRAWBERRIES MILK Cookie day
26 CHICKEN PATTY FRENCH FRIES CORN APPLE MILK	27 SOFT SHELL TACO RICE & BEANS CORN PEACHES MILK	28 Grill Cheese Tomato Soup GREENBEANS MIXED FRUIT MILK	29 MOZZERELLA STICKS CARROTS BREADS APPLESAUCE MILK	**THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER 2024**