



## Canterbury Public Schools Pupil Services Office

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Dear Families,

We are thrilled to continue an exciting opportunity in our school district this year for all students in Kindergarten through 8th grade! Over two decades of research has helped us understand the importance of social and emotional skills in each child's success in school, in the community, and eventually, in higher education and the workplace. Skills such as demonstrating self-control, persisting at challenging tasks, making good decisions, and working well in groups are all necessary to being successful students and adults. Starting next week, teachers will complete an 8 question rating on each student's use of these resilience skills. This will help us determine how to help children achieve social/emotional wellness given the stressors of life. Student Assistance Teams at each school will review the ratings and make recommendations to help students develop skills of resilience, if necessary. Recommendations may include ways to support children in and/or out of school. Your child's social/emotional functioning is the foundation of their learning. We look forward to partnering with you to ensure your child's success in school. If you have any further questions, please feel free to call or email me. I am happy to talk more.

Sincerely,

*Cori Beckwith*