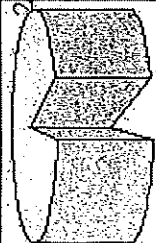
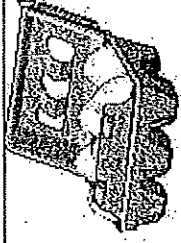



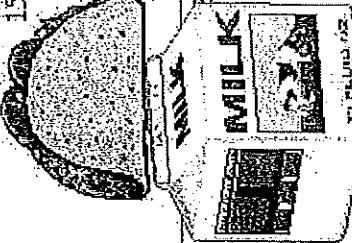





Canterbury Public Schools January 2022 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All children eat free. This includes Breakfast and lunch for 2021-22.</p> <p>Additional choices available daily. Bread offerings are whole grain. Milk offerings are 1% white or fat-free flavored. Milk is offered with all meals.</p> <p>Additional choices are PB+J or Wheat Turkey Sandwich or Chef's choice or Salad.</p>						
	CHEESEBURGER MIXED VEGGIE APPLE	3 Grilled Chicken Parm Grinder Chips, Veggie Fruit	4 Mini Pancakes Sausage Patty Hashbrown Patty Orange Juice	5 Pastas w/ Meat Sauce Green Beans Dinner Roll Fresh Fruit	7 French Bread Pizza Side Salad Mandarin Oranges	
	9 Chicken Patty Potato Wedges Peaches	10 Mozzarella Sticks W/ Tomato Sauce Breadstick Roast Corn, Apple	11 Grilled Cheese Tomato Soup Apple slices	12 Chicken Nuggets Potato Tots Roast Corn Mixed Fruit	14 French Bread Pizza Green Beans Fruit Cup	
	16 M.L.K. Day No School	18 Hot Dog on Roll Baked Beans Fresh Fruit	19 French Toast Sticks Sausage Patty Potato Wedges Blueberries	20 Swedish meatballs w/ Peas Veggies Fruit	21 French Bread Pizza Side Salad Applesauce	
	23 CHEESEBURGER MIXED VEGGIE APPLE	25 Beef Nachos Cheese, Lettuce Salsa, Brown Rice Pineapple Cup	26 Cheese Quesadilla Roasted Corn Mild Salsa Pineapple Cup	27 Grilled Chicken Parm Grinder Chips, Veggie Fruit	28 French Bread Pizza Mixed Veggie Pears	
	30 Chicken Patty Potato Wedges Peaches	<p>31 Meal choices are subject to change daily based on market availability and deliveries.</p> <p>The USDA is an equal opportunity provider and employer 2022</p>				