
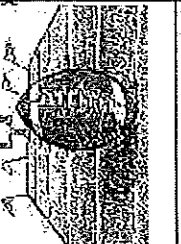

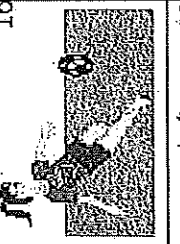
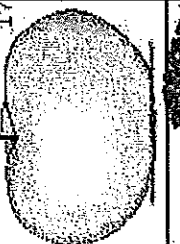



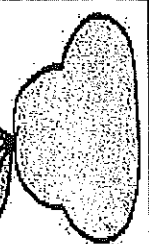


Canterbury Public Schools October 2021 Lunch Menu

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>Bread offerings are whole grain. Additional choices available daily. Milk offerings are 1% white or fat free flavored. Milk is offered with all meals.</p> <p>Additional choices are PB&J on Wheat Turkey Sandwich or Chef's choice</p>	<p>Meal choices are subject to change daily based on market availability and deliveries</p>					
 <p>3</p>	<p>4</p> <p>Chicken Patty w/ Lettuce & Tomato, Corn, Pears</p>	<p>5</p> <p>Hot Dog on a Bun, Baked Beans, Baby Carrots, Apple Slices</p>	<p>6</p> <p>Cheese Burger on a Bun, French Fries, Mixed Fruit</p>	<p>7</p> <p>Mozzarella Sticks, Bread Sticks, Green Beans, Apple Slices</p>	<p>8</p> <p>Staff: Development, No Students</p>	<p>9</p> 
<p>10</p> 	<p>11</p> <p>Holiday, No School</p>	<p>12</p> <p>Chicken Nuggets, Potato Tots, Roast Corn, Mixed Fruit</p>	<p>13</p> <p>Pasta w/ Meat Sauce, Green Beans, Dinner Roll, Fresh Fruit</p>	<p>14</p> <p>French Toast Sticks, Sausage Patty, Potato Wedges, Blueberries</p>	<p>15</p> <p>French Bread, Pizza Choice, Corn, Strawberry Cup</p>	<p>16</p> 
<p>17</p> 	<p>18</p> <p>Cheeseburger On Wheat Bun, Carrot Sticks, Chips & Fruit</p>	<p>19</p> <p>Beef Nachos, Cheese, Lettuce, Salsa, Brown Rice, Pineapple Cup</p>	<p>20</p> <p>Cheese Bosco Stick w/ Sauce, Vegetable, Fruit</p>	<p>21</p> <p>Grilled Chicken, Parm Grinder, Chips, Veggie, Fruit</p>	<p>22</p> <p>Cheese Pizza, Carrot Sticks, Fresh Fruit</p>	<p>23</p> 
<p>24</p> 	<p>25</p> <p>Chicken Patty, Potato Wedges, Peaches</p>	<p>26</p> <p>Hot Dog on Roll, Baked Beans, Fresh Fruit</p>	<p>27</p> <p>Cheese Quesadilla, Roasted Corn, Mild Salsa, Pineapple Cup</p>	<p>28</p> <p>Mini Pancakes, Sausage Patty, Hashbrown Patty, Orange Juice</p>	<p>29</p> <p>Cheese Pizza, Chips, Veggie cup, Applesauce</p>	<p>30</p> 
<p>31</p> 	<p>All children eat free. This includes Breakfast and lunch for 2021-22</p>					<p>The USDA is an equal opportunity provider and employer 2021</p>