

October 29th, 2021

To parents and guardians of 8th grade students:

Dr. Helen Baldwin Middle School is proud to introduce an Archery unit to our 8th grade Physical Education students starting on Monday November 1st.

This unit covers archery history, safety, technique, equipment, mental concentration, and self-improvement. The archery curriculum is aligned to National Physical Education Standards and can be run safely in a P.E. setting. No prior archery experience is necessary for students.

Archery is a life-long sport that circumvents traditional barriers to engage students of all genders, physical abilities, and backgrounds, even aiding participation in students with disabilities. Archery is a physical activity in which boys and girls can participate together and puts all students on a level playing field.

Nearly everyone can succeed at archery. Kids love archery, and archery helps kids excel. Statistics show that school archery programs:

- Improve school attendance
- Increase self-esteem
- Increase physical activity
- Relate to subject matter
- Appeal to all students
- Get kids out-of-doors
- Can become an after-school activity

IS ARCHERY SAFE?

• Archery's safety record is better than that of every ball sport taught in schools except table tennis. Equipment used is state-of-the-art and a universal fit so every student can safely use the same bows and arrows.

If you wish to have your student opt out of the archery unit, please send me an email at chill@canterburypublicschools.org so I can properly plan alternative assignments.



Bulldogs
DR. HELEN BALDWIN MIDDLE SCHOOL

