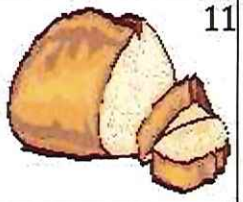
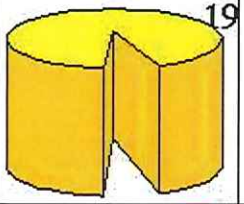
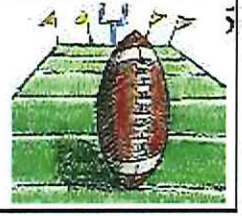
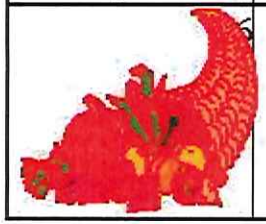
Canterbury Public Schools September 2021 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bread offerings are whole grain. Milk offerings are 1% white or fat free flavored. Milk is offered with all meals. Additional choices available daily. Additional choices are: PB+J on Wheat, Turkey Sandwich or Chef's choice			1 Pasta w/ Meat Sauce Green Beans Dinner Roll Fresh Fruit	2 French Toast Sticks Sausage Patty Potato Wedges Blueberries	3 Pizza Choice Side Salad Applesauce Cup	4
5	6 Labor Day No School	7 Chicken Patty w/ Lettuce & Tomato Green Beans Pears	8 Cheese Burger on a Bun French Fries Pears	9 Mozzarella Sticks Bread Sticks Green Beans Apple Slices	10 French Bread Pizza Choice Corn Sttrawberry Cup	11 
12	13 Chicken Nuggets Potato Tots Roast Corn Mixed Fruit	14 Beef Nachos, Cheese, Lettuce, Tomato, Black Beans, Brown Rice, Peaches	15 Pasta w/ Meat Sauce Green Beans Dinner Roll Fresh Fruit	16 French Toast Sticks Sausage Patty Potato Wedges Blueberries	17 Pizza Choice Side Salad Applesauce Cup	18
19 	20 Chicken Patty w/ Lettuce & Tomato Green Beans Pears	21 Chicken Taco Boat Rice and Beans Lettuce, Salsa	22 Cheese Burger on a Bun French Fries Pears	23 Mozzarella Sticks Bread Sticks Green Beans Apple Slices	24 Pizza Bites w/ sauce Side Salad Mixed Fruit	25 
26 	27 Chicken Nuggets Potato Tots Roast Corn Mixed Fruit	28 Beef Nachos, Cheese, Lettuce, Tomato, Black Beans, Brown Rice, Peaches	29 Pasta w/ Meat Sauce Green Beans Dinner Roll Fresh Fruit	30 French Toast Sticks Sausage Patty Potato Wedges Blueberries	All children eat free. This includes Breakfast and lunch for 2021-22	**The USDA is an equal opportunity provider and employer 2021**