

# Unified Arts *January* Newsletter



**Baldwin**  
Health & Physical Education

GRAIN FOOD ITEM	PICTURE	Calorie Count per 1 Serving
#1. Bread		79 calories 1g of total fat 202mg of sodium 26mg of cholesterol
#2. Cereal		110 (froot loops) 5g of total fat 140mg of sodium 0mg of cholesterol

Recently, 5th and 7th grade students have been reading, examining and making healthy decisions based off of nutritional labels.

Students can now read a nutritional label, and determine if the food is a relatively healthy choice or not. This results in better self-directed food choices!

**Remember!**  
6th and 8th graders  
start Health & P.E.  
on January 19th!



## Happening now...



- ★ The Dribble
- ★ Various Passes
- ★ Creating Space
- ★ Game Play Decisions
- ★ Teamwork and Cooperation

Your students are practicing these basketball skills!

# 2021

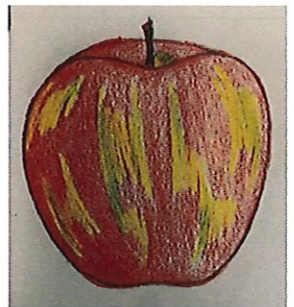
## No New Year's Resolution? Pick one!

- ★ Cook one new thing each week!
- ★ Join a club!
- ★ Take the stairs each day!
- ★ Volunteer 5 times this year!

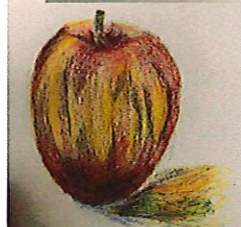
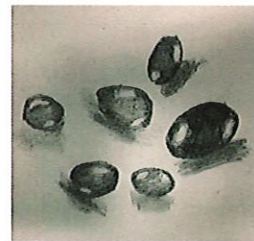
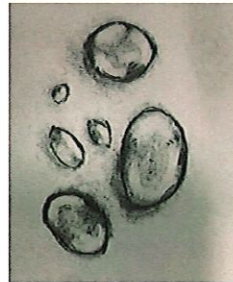
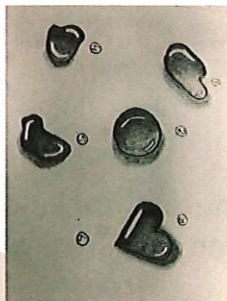
# ART

## You say goodbye, I say hello!

Goodbye to 6th and 8th and hello 5th and 7th!



**8th grade**  
8th grade finished the semester by completing two choice independent projects such as murals, collages or cross-hatching pen drawings. They then moved on to drawing techniques such as drawing water droplets and drawing realistic apples using only the primary colors



**6th grade**  
6th graders finished the semester strong by learning new drawing techniques such as one point perspective, and how to draw a realistic eye!

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**5th & 7th Graders** are both continuing to develop their typing skills on [www.typing.com](http://www.typing.com) and have been encouraged to practice at home 10-15 minutes every time they meet for technology class at school. Encourage your child to use the home row and good posture when practicing!



**7th Graders** Students will be creating their own program using some common coding techniques like looping and using conditional statements on Scratch. A program developed by M.I.T. that uses block coding to help students easily learn how to code.

**5th Grade-** Students have been using [code.org](http://code.org) to learn some of the basic concepts of coding with a Minecraft theme. Students will be using their coding skills to help Steve and his friends navigate through a map.



Code.org



**8th Grade** ends their Semester with personal performances of their selected pieces on Piano, Guitar, and Drums, while the **6th Grade ROCKS OUT** with an introduction to Guitar for their last few weeks.



UP NEXT: **5th Graders** will join the musical ranks of their peers and start off the new semester with some Music History, Rhythm and Rhyme, and Drumming Fundamentals.

**7th Grade** kicks off their new semester with Guitar Fundamentals and some Rhythm reinforcement!