



# Canterbury Public Schools

## Pupil Services Office

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Dear Families,

We are thrilled to offer an exciting opportunity taking place in our school district this year for all students in Kindergarten through 8th grade! Over two decades of research has helped us understand the importance of social and emotional skills in each child's success in school, in the community, and, eventually, in higher education and the workplace. Skills such as demonstrating self-control, persisting at challenging tasks, making good decisions, and working well in groups are all necessary to being successful students and adults. The impact of the school closure related to the COVID-19 pandemic may have had an impact on the social and emotional well-being of our children. Research suggests that we would see the impact of COVID (and other stressful events) in a child's difficulty with demonstrating one or more of the social and emotional skills noted above. For this reason, we would like to offer you the opportunity to rate your child on 8 different habits to gauge their social/emotional well-being. The rating will help us determine how to help children, in an effective manner, to achieve social/emotional wellness given the additional stressors during the pandemic.

Please remember that your participation in this screener is optional. Should you decide to participate by rating your child, we will communicate with you about your child's rating if it indicates a need in any particular social/emotional area, and suggestions would be made to help them develop the skills of resiliency to manage their personal reactions to stress. Your child's social/emotional functioning is the foundation of their learning. We look forward to partnering with you to ensure their success in school.

Sincerely,

*Cori Beckwith*



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