
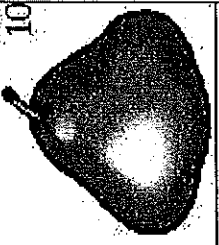



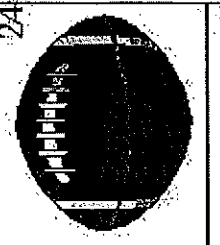
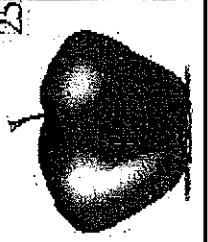
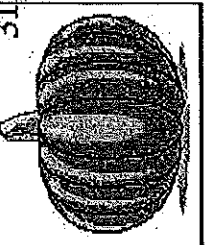


# Canterbury Public Schools October 2020 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>4</p>	<p>5</p> <p>Chicken Patty</p> <p>Potato Tots</p> <p>Mixed Fruit</p>	<p>6</p> <p>Chicken nuggets</p> <p>Sweet Potato Fries</p> <p>Mixed Berry Cup</p>	<p>7</p> <p>Pizza</p> <p>veg</p> <p>fruit</p>	<p>8</p> <p>Grilled Cheese</p> <p>Baked Beans</p> <p>Potato Tots</p> <p>Mixed Fruit</p>	<p>9</p> <p>Pizza</p> <p>Green Beans</p> <p>Apple-sauce Cup</p>	<p>10</p> 
 <p>11</p>	<p>12</p> <p>Holiday No Shrients</p>	<p>13</p> <p>Mini Pancakes</p> <p>Yogurt</p> <p>Potato wicks</p> <p>Pears</p>	<p>14</p> <p>Cheese Quesadilla</p> <p>Vegetable fruit</p>	<p>15</p> <p>Macaroni &amp; Cheese</p> <p>Sweet Potato Fries</p> <p>Mixed Berry Cup</p>	<p>16</p> <p>Pizza</p> <p>Corn</p> <p>Pears</p>	<p>17</p> 
<p>18</p> 	<p>19</p> <p>Hot dog</p> <p>Baked Beans</p> <p>Potato Tots</p> <p>Mixed Fruit</p>	<p>20</p> <p>Grilled Cheese</p> <p>Sweet Potato Fries</p> <p>Mixed Berry Cup</p>	<p>21</p> <p>Pizza</p> <p>veg</p> <p>fruit</p>	<p>22</p> <p>Chicken Patty</p> <p>Lettuce and Tomato</p> <p>Potato Tots</p> <p>Mixed Fruit</p>	<p>23</p> <p>Pizza</p> <p>Green Beans</p> <p>Apple-sauce Cup</p>	<p>24</p> 
<p>25</p> 	<p>26</p> <p>Chicken nuggets</p> <p>Baked Beans, Corn</p> <p>Pears</p>	<p>27</p> <p>French Toast</p> <p>Sticks</p> <p>Yogurt</p> <p>Homefries</p> <p>Blueberries</p>	<p>28</p> <p>Cheese Quesadilla</p> <p>Vegetable fruit</p>	<p>29</p> <p>Cheeseburger</p> <p>Sweet Potato Fries</p> <p>Mixed Berry Cup</p>	<p>30</p> <p>Pizza</p> <p>Broccoli</p> <p>Apple-sauce Cup</p>	<p>31</p> 

The USDA is an equal opportunity provider and employer 2020

Additional choices available daily. Additional choices are: PB+J or Wheat Turkey Sandwich, Chief Salad, or Chief's choice

Grab and go meals are available Mon, Wed, and Thursday outside CMS from 9 AM-11 AM. Each pick up students will get 2 days of meals

All Meals are free to all 18 years and younger!