

Dr. Helen Baldwin Middle School

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Health Information Form

The health of your child is important to us at Canterbury Public Schools. It has been documented that regular attendance in school has a very big impact on success in school. We want your child to be in school as often as possible. Children should be well rested and have had a good nutritious breakfast prior to coming to school. Here are a few guidelines to follow:

Please keep your child home if they have any of the following:

1. Temperature of 100° or higher- students should be temperature-free for 24 hours without the use of acetaminophen or ibuprofen before returning to school
2. Vomiting or diarrhea within the last 24 hours
3. Combination of symptoms i.e. earache with a fever, sore throat and runny nose

What to do when my child stays home:

It is the parent's responsibility to call the school when their child is absent. Please give the reason for the absence and your child's symptoms so we can watch for patterns of illness.

Medications during school hours:

1. All medication, both prescription and over-the-counter, **must** be transported to school by an adult. There will be no exceptions to this policy.
2. Written authorization must be provided for both prescription and non-prescription medications. These forms may be obtained at the health office or from your child's physician.
3. All medication must be in its original container and have the following information on the label: prescription number, name of medication, dosage, name of student, date, and doctor.
4. Any unused medication **must** be picked up by an adult at the end of the school year. Medication left in the health office after the last day of school will be destroyed.

If there are any changes in your child's health and/or emergency contact information during the school year please alert me as soon as possible. Please feel free to contact the health office if you have any questions.