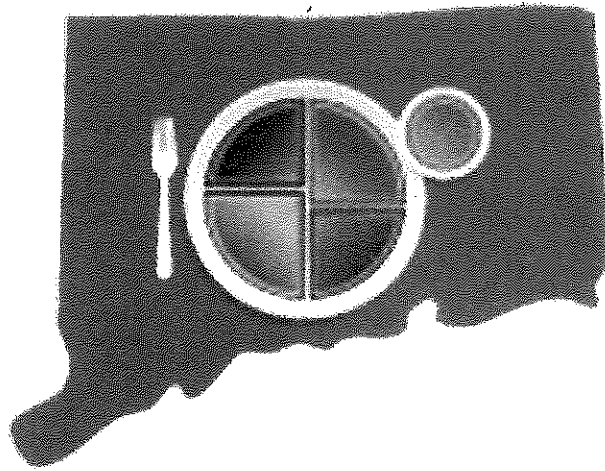


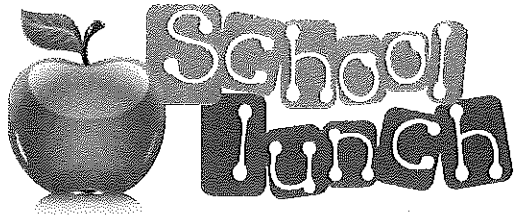
# CANTERBURY PUBLIC SCHOOLS BREAKFAST PROGRAM



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Join us for school breakfast every morning ½ hour before school starts!

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Breakfast cost: \$1.75

Students who qualify for reduced meals pay \$0.30.

Those who qualify for free meals receive breakfast at no cost.

## Canterbury Public Schools 2018-19

“Power up with breakfast...”

Eat breakfast at school to boost your brain and body power!”

**08/27/18**

Dear Parents:

As we all recognize that hungry children cannot learn, the first step is ensuring that all Students begin the school day with a nutritious breakfast at home or at school. The School Breakfast Program helps to make sure all our students start the school day alert, well-fed and ready to learn.

The School Breakfast Program is available to all student every school day when your child arrives at school. Breakfast is available in the Café at both C.E.S. and Baldwin School. Your child can attend every day or occasionally. These supervised meals provide your child with one-fourth of their nutritional needs each day.

School breakfast is tasty and nutritious. School breakfast is an ideal solution on mornings when kids are running late or parents have early commitments. It is also a wonderful way to make sure your children have a balanced meal to start each day. Try breakfast at school today!

Children from households whose income is at or below the levels set by the federal Government may be eligible for **either** free or reduced-price meals. To apply, please contact your child’s main office for a meal application.

Sincerely,

**Tom O’Connor Food Service Director**

### **School Breakfast Information**

**\$1.75 full pay/0.30 cents reduced/ or Free**

**\*Price is determined by your confidential application for**

**Free and reduced price meals.**

**If you would like an application, please call the school office at**

**860-376-2325**

To file a complaint alleging discrimination, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail:  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410