

3/31/2020

Dear families and students,

We understand that this has been a huge transition for parents and students. We want you to know that we are available to help support your child with any difficulties or struggles they are having adjusting to this new way of learning. Students may be struggling with stress and many different emotions while they are getting used to new schedules, new technology, and a new way of communicating with teachers. They are also missing seeing their friends and doing their normal everyday activities. Students and parents are able to communicate with us in several ways. They can reach out to their classroom teacher to let us know they would like to connect, or parents and students can email us.

**Ms. Rae**, School Psychologist [mrae@canterburypublicschools.org](mailto:mrae@canterburypublicschools.org)

**Mrs. Musumeci**, School Social Worker [smusumeci@canterburypublicschools.org](mailto:smusumeci@canterburypublicschools.org)

Please feel free to reach out to either one of us if you or your child needs support.

Look for a Padlet called Mental Health and Other Supports coming soon.

Sincerely,

Ms. Mariah Rae  
School Psychologist

Mrs. Selena Musumeci  
School Social Worker